

# Agenda Item 10

## CHILDREN AND YOUNG PEOPLE'S STRATEGIC PARTNERSHIP

### REPORT

<b>DATE OF MEETING:</b>	7 <sup>th</sup> August 2013
<b>SUBJECT:</b>	DoH Health Visiting Implementation Programme Ginny Blackoe
<b>REPORT SPONSOR:</b>	General Manager Family and Health Lifestyles Services, LCHS
<b>NAME OF CONTACT OFFICER:</b>	Liz Hillman
<b>CONTACT OFFICER TEL NO:</b>	01522 574202
<b>CONTACT OFFICER EMAIL ADDRESS:</b>	Elizabeth.Hillman@lincs-chs.nhs.uk
<b>IS THE REPORT EXEMPT?</b>	No
<b>IS THE REPORT CONFIDENTIAL?</b>	No

#### 1. Purpose

To provide CYPSP with background and information in relation to the Health Visitor Implementation Plan, and to advise as to progress in Lincolnshire in relation to this.

#### 2. Background/Context

The Government established the Health Visitor Implementation Programme in 2011 to secure an extra 4,200 health visitors and transform the health visiting service across England by April 2015, as per David Cameron's electoral pledge.

Health Visitors can make a critical difference to improving the health and wellbeing of children, not only as leaders and primary deliverers of the Healthy Child Programme, which is the key universal evidence based programme for children aged 0 – 4 years, but also in providing early intervention when families need extra help and support. There is growing evidence of the importance of the early years in developing emotional resilience and early intervention

By using the Early Implementer Sites to apply new evidence and developing new services, health visitors are leading the change to provide high quality public health interventions for families and children. This ensures that effective, sustainable services give all children the best start in life.

The DH Healthy Child Programme is based on systematic review of evidence and has been developed at national level to address problems in child health and development as well as reducing health inequalities. It is the universal service for improving the health and Visit [www.lincolnshirechildren.net](http://www.lincolnshirechildren.net)

wellbeing of children - through a series of health and development reviews between the ages of 0 and 4 years, health promotion, parenting support, screening and immunisation programmes. Health Visitors are public health practitioners contributing to health needs analysis as well as improving health and reducing inequalities with local communities, and are the staff group who deliver this programme in the main.

Commissioning of the Healthy Child Programme for 0 – 4 years in Lincolnshire is currently NHS England, through the Local Area Team. The commissioning of the programme is expected to move to Local Authorities in 2015.

### Service Transformation

There has been a transformation of Health Visiting services through the application of the DH service model, over four levels: Community, Universal, Universal Plus and Universal Partnership.

**The community** has a range of services including some Sure Start services and the services which families and communities provide for themselves.

**Universal Services** from the Health Visitor and team provide the Healthy Child Programme to ensure a healthy start for child and family, support for parents and access to a range of community services and resources

**Universal Plus** provides a rapid response from the team in relation to specific concerns where expert help is required including individual care packages

**Universal Partnership Plus** provides on-going support from the team plus a range of local services working together and with families to resolve more complex issues over a period of time

### The Workforce in Lincolnshire

Increasing the number of training places and the increase in the workforce reversed the previous historical decline in the number of health visitors.

- ESR figures at the end of March 13 105.63 wte (Target March 2013 105wte)  
March 2015 target 134.50 wte  
Distance to target 28.87 wte
- In 2012/13 and 2013/2014 there was an increase of students commencing health visiting training, as well an increase from one to two intakes per year leading to an extra 40 health visitors in Lincolnshire by September 2014.  
10 are due to qualify in September 2013, and an additional 9.5 in January 2014
- A successful national and local recruitment campaign has attracted an increase of applicants to health visiting training. Lincolnshire has also been acknowledged by the universities of the calibre of its students.

## **Lincolnshire 2<sup>nd</sup> Wave Early Implementer Site**

Early Implementer sites were developed across the country to lead the way and demonstrate how service transformation could be achieved. Lincolnshire was one of twenty three areas who achieved second wave Early Implementer status.

In Lincolnshire, service development using evidence based tools was led by identification of gaps in the Healthy Child Programme:

- Antenatal contact- preparation for parenthood using antenatal promotional guide. It promotes the early development of babies, the transition of mothers and fathers to parenthood and improves infant outcomes. This is a targeted intervention, achieved at 5%. An action plan is in place to ensure that this is delivered universally by April 2015.
- Maternal Mental Health- increasing the quality of services. By utilising a Train the Trainers model delivered by a nationally recognised expert in post natal depression, the health visiting workforce is being upskilled. Lincolnshire Community Health Services are in the process of developing an App for postnatal depression following a focus group with service users. The percentage of maternal mental health pathways in Lincolnshire is calculated as percentage of new births and stands at 14%, which is in line with the national average of 15%
- Embracing modern technology – using text reminders for 2 year reviews initially with the view of rolling out to all developmental reviews. This reduced DNAs in the pilot area by 25%.
- Restorative Supervision- supporting health visitors emotionally to strengthen resilience and reducing stress and burnout. Final report from cohort one due in the autumn.
- Integrated 2 year review- working together with Early Years to deliver the 2 year review. This is currently achieved at 49%, and an action plan is in place to ensure universal delivery by April 2015.

### **Professional leadership**

The health visiting workforce in Lincolnshire has developed its skill base and is gaining confidence. Staff engagement and re energisation of the workforce has taken place over the last eighteen months:

- A celebration event with a national speaker; sharing the process and outcomes of the pilot projects.
- A rolling programme of In house training for Maternal Mental Health for all Health Visitors and teams.
- Antenatal Promotional Guide training by a Clinical Psychologist
- Professional development through Building Community Capacity module delivered by Sheffield Hallam to give health visitors the skills to make wider local community impact.
- Refreshment of public health skills.
- Health visitors have had opportunities to provide long arm mentorship in order to support health visitor students
- Opportunities have been provided for health visitors to train as practice teachers
- Opportunities to share learning and best practice through membership of Regional Communities of Practice.
- Two of Lincolnshire's case studies published in the DoH review of progress of Early Implementer sites

**Impact:**

An increase of workforce and service transformation will contribute to reductions in health inequality, health and wellbeing and a better experience for families and children. Lincolnshire is committed to a strong health visiting service beyond 2015, thus making a real difference to children and families. Despite the achievements there is still work to do in order to reduce the variability in services in order to deliver a seamless service across Lincolnshire.

**References**

- Health Visitor Implementation Plan 2011-2015: A Call to Action. Department of Health, 2011
- Healthy Child Programme; Pregnancy and the First 5 Years of Life. Department of Health, 2009
- The National Health Visitor Plan: progress to date and implementation 2013onwards. Department of Health 2013